# JTAC Newsletter



# TIPS Trainings



JTAC will be offering a virtual On Premise TIPS trainings to restaurants and bars in Atlantic County on Wednesday, December 2nd from 12 p.m. - 4 p.m. The TIPS program is designed to teach restaurant/bar employees how to prevent intoxication, drunk driving and underage drinking and help empower them to take proactive approaches towards preventing alcohol misuse and maintaining control of their environment. Participants will learn to better recognize the signs of intoxication to help reduce the chance of an alcohol-related incident and they will be tested on the material in order to become TIPS certified. You must register in advance for this training at:



TIPS certified. You must register in advance for this <u>https://us02web.zoom.us/meeting/register/</u> tZlvcOiorjwrGN0jkWoHACn0ICm4JDrOLcCk.



After registering, you will receive a confirmation email containing information about joining the meeting. This training is FREE, however you must register by 2:00 pm Monday, November 30th. You will be contacted to arrange pick up/drop off of manual and certification test. Your computer must have a camera, microphone and speakers to participate. For more information contact Laurie at (609) 272-0101 Ext 11 or email <u>Ismith@atlprev.org</u>.

# JTAC Retreat

On September 22<sup>nd</sup>, JTAC hosted their annual retreat virtually. We had a presentation by Kym Laube from HUGS, Inc. who did some leadership and team building activities with the group. She helped participants identify what type of leader they are and provided information on different characteristics of each leadership style. She explained how we can work with others by identifying these characteristics. The presentation was very informative and interactive.

# **15-MINUTE CHILD BREAKS**

During the COVID-19 pandemic, it is more important than ever to communicate with the youth in our lives and JTAC is continuing to work on empowering and assisting parents, grandparents and caregivers in having tough conversations. JTAC recently sponsored two 15-minute child break parent workshops in July and August. We are now offering an additional webinar to be viewed at your convenience that will be available until January 31, 2021. The webinar presents tips for effectively talking to your children about drugs and alcohol, helping children manage stress, influence of media and pop culture, utilizing teachable moments and vaping trends. The link is <a href="http://createsend.com/t/y-5BF3B330870ACABF">http://createsend.com/t/y-5BF3B330870ACABF</a> and has been posted on our website at <a href="http://www.JTACNJ.org">www.JTACNJ.org</a> and also on our Facebook page.





# November 2020

## Permanent Prescription Drop Box

JTAC has partnered with Bunting Family Pharmacy to have a permanent prescription drop box installed at their location 1337-A New Road, Northfield. This is the first drop box JTAC has installed in a pharmacy. Josiah "Joe" Bunting from Bunting Family Pharmacy and Brian Wilson from JTAC have been working on getting this done for guite some time and their hard work has paid off. The drop box will be available for the public to dispose of any unused, unwanted, and expired medication inside the pharmacy during normal business hours (Monday-Friday 9 a.m. - 7 p.m. and Saturday 9 a.m. – 4 p.m.). JTAC would like to thank Bunting Family Pharmacy for being a "Partner in Prevention" and for helping to keep our communities safe. By offering a safe way for the public to properly dispose of their medications, we are helping prevent the theft and diversion of powerful opioid medications along with protecting our environment. There was an article about the drop box published in the South Jersey Observer which can be viewed at https://www.southjerseyobserver.com/2020/09/23/ bunting-family-pharmacy-acquires-permanent-prescription-dropbox/.



#### Knock Out Opioid Abuse Day

Knock Out Opioid Abuse Day (KOOAD) is a statewide single-day initiative that mobilizes the prevention and treatment communities, community leaders and concerned citizens to raise awareness for the potential for dependency on prescribed pain medicine and its link to heroin use rates in our state. As in past years, JTAC partnered with The Partnership for a Drug Free New Jersey (PDFNJ) to participate in this event which was held virtually on October 6<sup>th</sup>. Materials and resources related to this event were shared with faith leaders, athletic directors/ coaches, physicians and JTAC members. We also partnered with several municipalities in Atlantic County where they enacted proclamations to recognize October 6<sup>th</sup> as Knock Out Opioid Abuse Day. On September 28, 2020, JTAC member, Carlo Favretto, attended Buena Vista Township's committee meeting for the enactment of their KOOAD Proclamation. Carlo brought along with him two Buena Regional High School students who are members of our Stand Up and Rebel (SUAR) youth coalition. SUAR students, Katherine Jaques and Thomas Egan, were given an opportunity to briefly speak about what SUAR has been doing to address substance misuse in Atlantic County. A video of the youth speaking at the meeting is posted on our website at <a href="http://www.itacnj.org/news.html">http://www.itacnj.org/news.html</a>.



#### **PSA/SUAR Billboards**

JTAC recently purchased two billboards to be displayed in Atlantic County. One billboard is located on the White Horse Pike (Route 30) in Egg Harbor City and features the artwork of the winner of our Middle School PSA Contest. Emma Mattson, an 8<sup>th</sup> grader at Galloway Township Middle School, won the contest and also received a gift card for her participation. The second billboard is located on the Black Horse Pike (Route 322) in Egg Harbor Township near Storybook Land. It was designed by one of our Stand Up And Rebel (SUAR) students, Katherine Jaques who is a senior at Buena Regional High School. Both of these billboards will help to spread awareness and promote our initiatives in Atlantic County in which our youth play such a major role .





#### **Building a Resilient Community**

JTAC along with Atlantic Prevention Resources, Cape May County Healthy Communities and Cape Assist will be hosting a half day conference "Building a Resilient Community". This event is being held virtually on December 9<sup>th</sup> from 9 a.m. to 12:30 p.m. Guest speakers will include Michael McKnight, Dept. of Education, Kym Laube, HUGS, Inc., Chief Christopher Leusner, Middle Township Police Department, Natalia Leusner, Cape Assist and Laurie Smith, JTAC. A screening of "RESILIENCY: The Biology of Stress & Science of Hope" will be played and topics include, trauma, risk & protective factors, school resiliency teams and the Handle with Care program which has just been adopted statewide. A flyer for this event will be sent out shortly.

#### Sticker Shock

Due to most events being held virtually and businesses adhering to CDC guidelines, JTAC's Sticker Shock campaign looked a little different for the Labor Day holiday this year. Instead of going into liquor stores to sticker beer packages, JTAC supplied liquor stores with pre-stickered bags for the holiday weekend. The bright orange stickers serve as a reminder to adults that purchasing alcohol for anyone under the age of 21 is illegal and could carry a fine of up to \$1,000 and six months in jail!





## Parent Workshop on Underage Drinking

On Wednesday, December 2<sup>nd</sup> JTAC will be hosting an underage drinking workshop through Zoom for parents from 7 p.m. to 8 p.m. More information about this event will be shared on our website and Facebook page.

### **Opioid Prevention Radio Town Hall Meeting**

On Tuesday, October 13<sup>th</sup> from 9-9:50 a.m. JTAC hosted a radio town hall, " Opioids: Taking Action in Our Community Today". This town hall was live on WPG Talk Radio 1450 on the Hurley in the Morning talk show and was moderated by Harry Hurley and Bob Zlotnick from Atlantic Prevention Resources (APR). The speakers were Chief Bruce Deshields, Atlantic County Prosecutor's Office, Angela Conover, Partnership for a Drug-Free NJ, Scott Gras, AtlantiCare STAR Program and Laurie Smith, APR/JTAC. A pod cast of the entire show is available at <a href="https://wpgtalkradio.com/listen-live/popup/">https://wpgtalkradio.com/listen-live/popup/</a>. Click on Harry Hurley at the top and then the play button for Tuesday, October 13th. Our town hall starts at the 2:04:00 mark.

#### **Resilient Families and Communities: How to Best Support Youth in a Virtual Environment**

JTAC will be co-hosting two free workshops via Zoom for anyone (parents, grandparents raising grandchildren, foster parents, teachers, coaches, etc.) who support children in these trying times. The first workshop will be held on Friday, November 13<sup>th</sup> from 4 p.m. to 5:30 p.m. and you can register at <u>www.capeassist.org/nov13</u> and the second one is being held on Friday, December 11<sup>th</sup> from 12 p.m. to 1:30 p.m. and you can register at <u>www.capeassist.org/dec11</u>. The presenters, Dr. Lori Desautels and Michael McKnight will cover topics such as helping youth deal with anxiety and stress, addressing lack of motivation in youth leading to depression issues, tips and strategies for adults to help find work/life balance and how to juggle multiple hats and not become overwhelmed.

Early registration is encouraged, participants will receive the meeting link once they register. Any questions, please contact Laurie at <a href="mailto:lsmith@atlprev.org">lsmith@atlprev.org</a>.

# Faith-Based Meeting

On Monday, November 16<sup>th</sup> at 10:00 a.m. JTAC will be hosting a meeting for faith-based leaders in Atlantic County. The purpose of this meeting is to reconnect and continue to build our partnership with the faith community. The agenda for the meeting will include information about our coalition's projects throughout the county and we would also like to hear from the leaders about what we can do to assist in their mission to help families within their organizations. We are hoping to offer them some valuable resources and provide them training in the future.

Please share this meeting information with anyone within the faith-based sector who may be interested in attending. The registration link is <u>https://us02web.zoom.us/meeting/register/tZAqc</u> --vrzloGNM5MsC1kXZKqrR\_TMOI3Osr after registering, you will receive a link to the meeting. If you need help with registration or have any questions or concerns please contact Amber at <u>acutano@atlprev.org</u> or (609) 272-0101 Ext. 2.

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